

## **[Press Release] Karate event held at GMT**

February 2014

Embassy of Japan in Timor-Leste

The Embassy of Japan in Timor-Leste, in cooperation with the Secretariat of State for Youth and Sports, the Timor-Leste Karate Federation and the Japan Foundation, held Karate demonstration and workshop to promote the understanding of Japanese culture through Karate, which is a traditional Japanese martial art, at GMT today on February 20<sup>th</sup>.

Prior to the event, the Embassy of Japan held a kick-off reception in the evening of February 19<sup>th</sup> and H.E. Mr. Adriano do Nascimento, 1st Vice President of the National Parliament and H.E. Mr. Miguel Manatelo, Secretary of State for Youth and Sports were among the distinguished guests who attended the reception.

At the Karate event on 20<sup>th</sup>, three Karate experts from Indonesia demonstrated some of the basic Karate movements, followed by the workshop in the afternoon. This event was open to public and approximately 250 people showed up and enjoyed viewing Karate demonstration by SEA game champion class experts. Fifty Timorese also joined Karate workshop and learned the basics of Karate as well as the understanding of the underlying spiritual aspects in the beginner session. This event continued on the 21st at GMT and a hundred more participants enhanced their Karate techniques.